

Come and enjoy
**Cool YOGA for
Summer
With Kit Spahr**

At Unity in Community Spiritual
Center
74 Wootring in Delaware

Tuesday evenings
7-8:30 p.m.

Cost: \$10 per class
(Cash or check made out to "Unity in
Community").

Bring a yoga mat and wear
comfortable clothes. This is
appropriate for beginners as well as
those who prefer to work at a slower
pace.

Instructor: Kit Spahr

For more information or directions
visit

www.kitspahr.com
kitspahr@yahoo.com

www.UnityDelawareOhio.org
740-363-7800

